

Educational Strategies and Resources for Healthcare Providers on Pressure Ulcer Prevention and Therapy (or Educational Meals Like "Diners, Drive-ins and Dives")

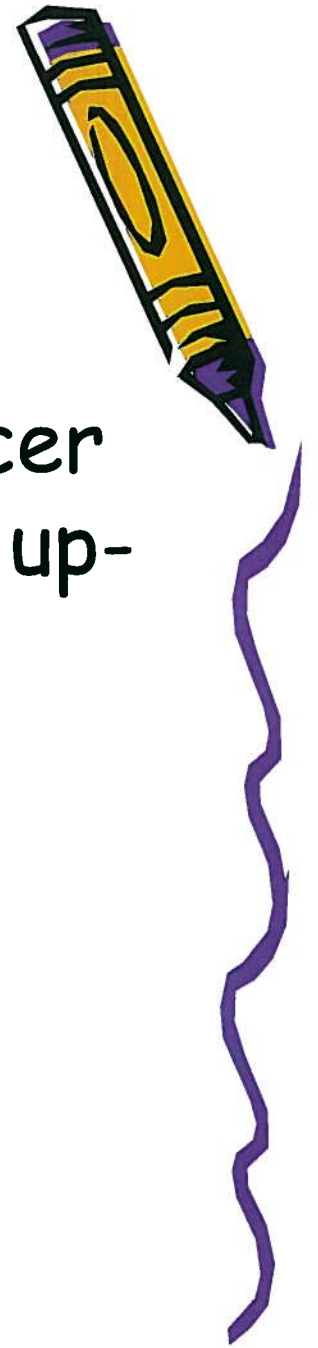
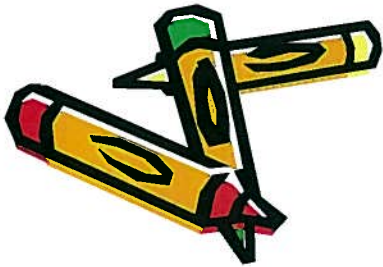
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Goals

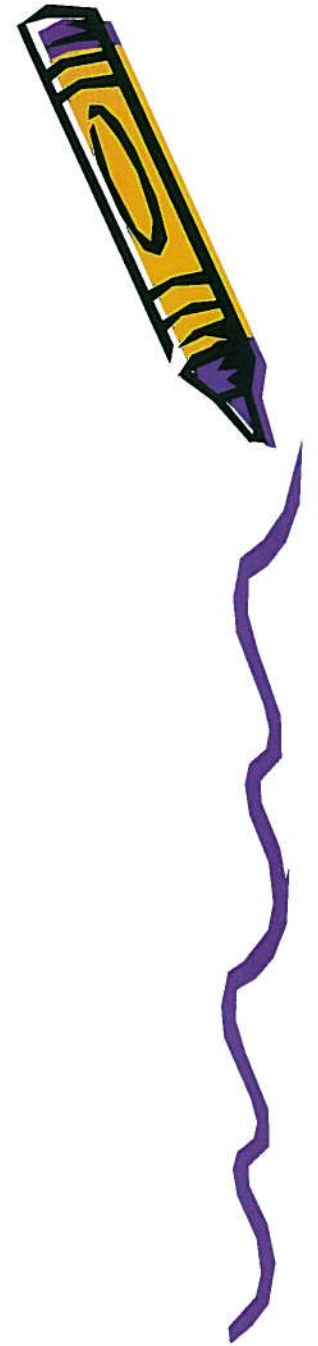
- 1) Provide education on pressure ulcer prevention and therapy based on up-to-date educational resources
- 2) Utilize creative strategies that promote active learning and affective engagement.



Our Metaphor for This Telephonic, Educational Road Trip

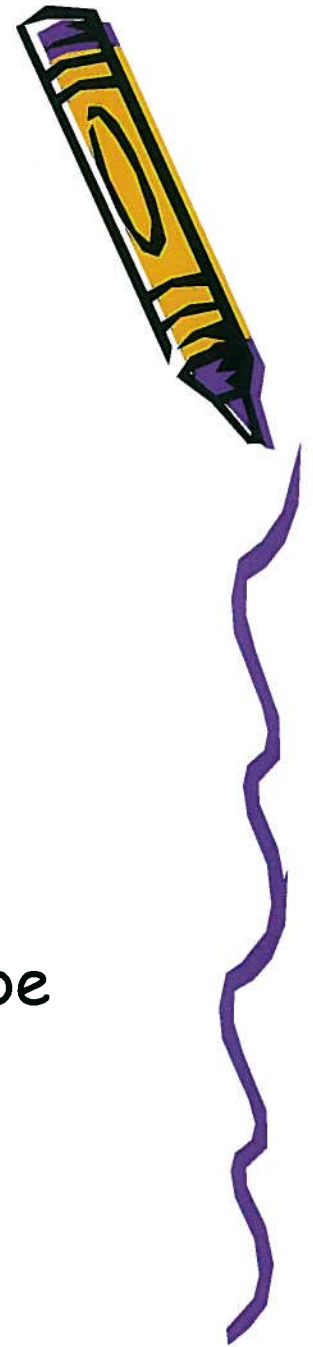
"Diners, Drive-Ins, and Dives"

Why?



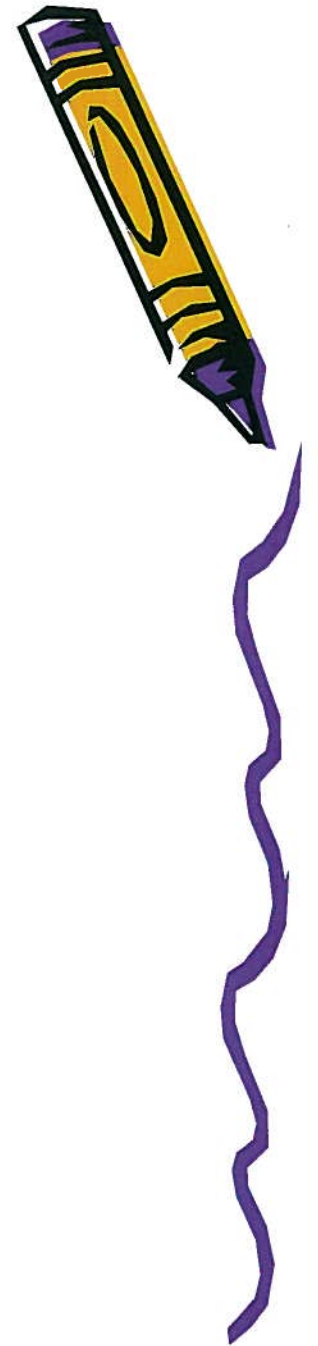
"Triple D" - How Does it Work?

- Show on Food Network
- Takes mundane and makes it exciting - The cheeseburger becomes fascinating
- Includes real world perspectives
- Show travels around country
- Catchy phrases - memorable: "Off the hook"
"That's money"
- Submit that pressure ulcer education should be like "Triple D" and teach "Out of the box"



Educational Resources for Pressure Ulcer Prevention

- Many, many are available
- Literature, excellent books, top notch journals
- Fabulous information on Internet



Education Resources on Pressure Ulcers

- NPUAP - www.npuap.org - 6 stage pressure ulcer description system
- NPUAP - Pressure ulcer assessment form for healing (PUSH Tool)
- AHRQ (Federal Government)



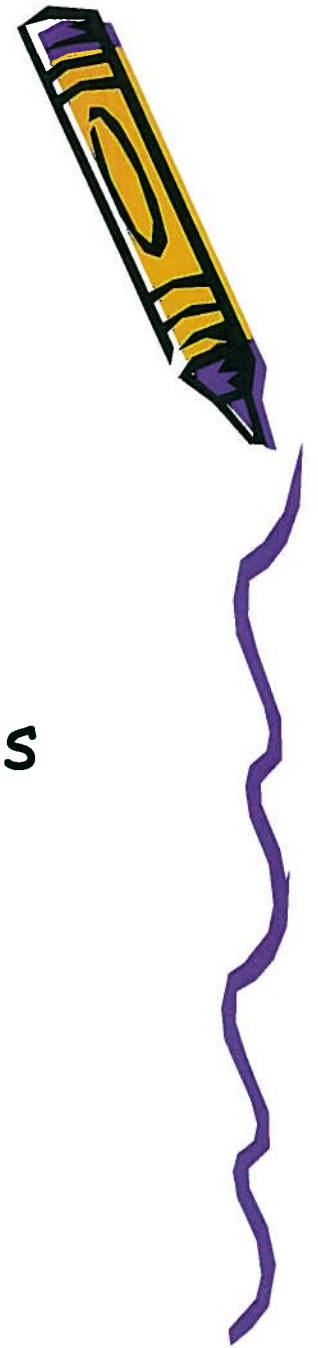
Educational Resources on Pressure Ulcers

- Guidelines, algorithms, protocols
 - WOCN Society (www.wocn.org)
 - American Medical Directors Association (www.amda.org)
 - Hartford Institute
 - AAWC - "PUCI" (www.aawc1.org)
- *National Guidelines Clearinghouse



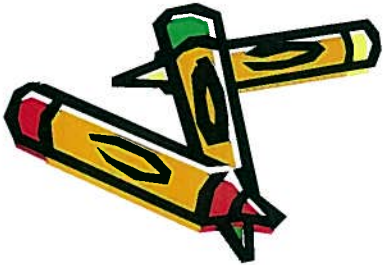
Other Supports Available

- Industry supported initiatives
 - Prevalence and incidence audits
 - Excellent wound educational programs



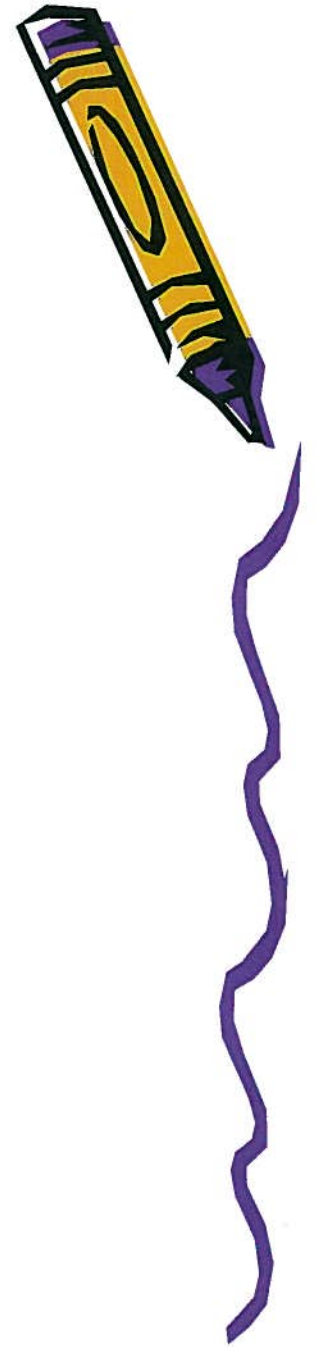
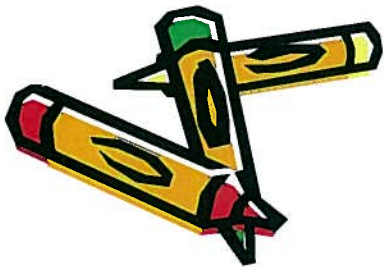
My Belief!

- Not the What but the How?
- How do we provide educational meals like "Triple D"? That excite learners about pressure ulcer prevention and treatment?



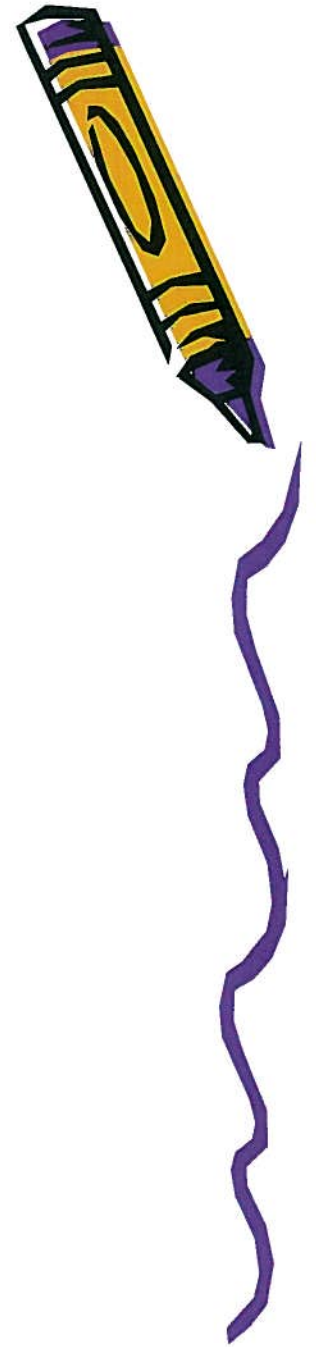
Getting Your Camaro on the Road

- Select creative strategies
- Plan for fun!
- Tap the power of memory and learning



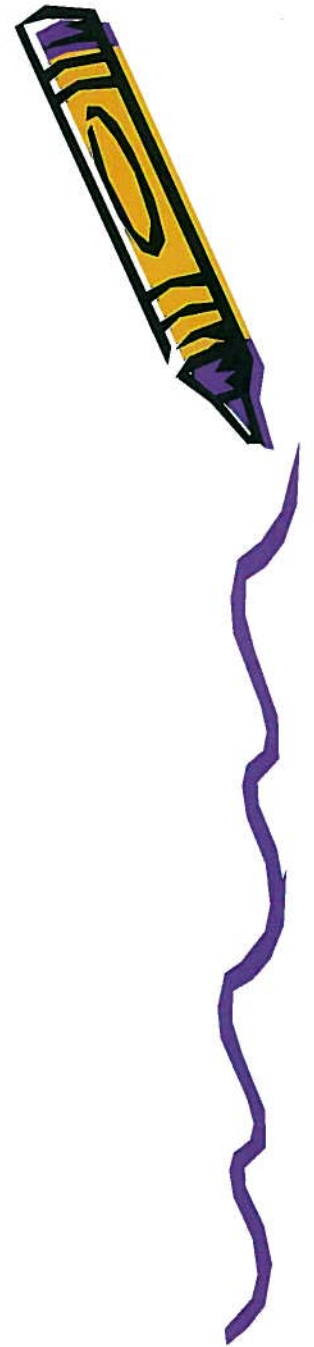
Creative Strategies

- Mnemonics
 - Time = Tissue, Infection, Moisture, Edges
- Toilet alerts
- Brainstorming
- Can You Handle This?



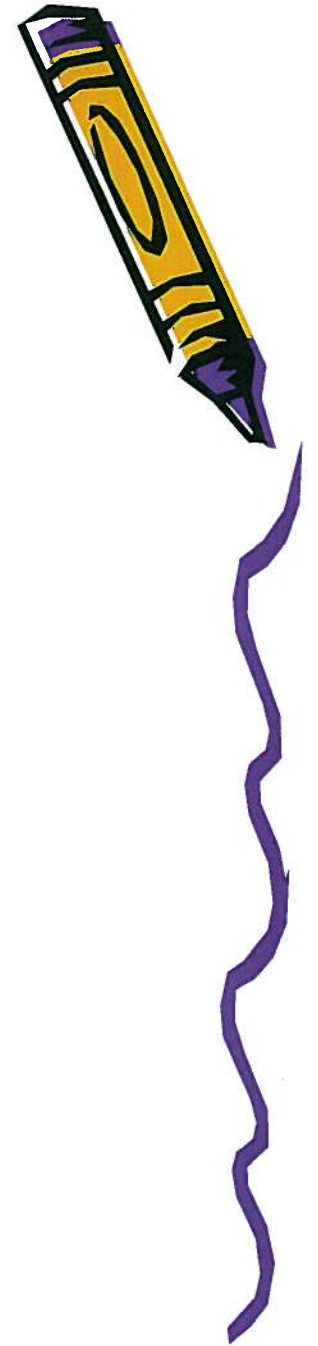
Creative Strategies

- At The Movies
- Cartoons
- Humor - Top Hat story
Tiara
Gag test questions



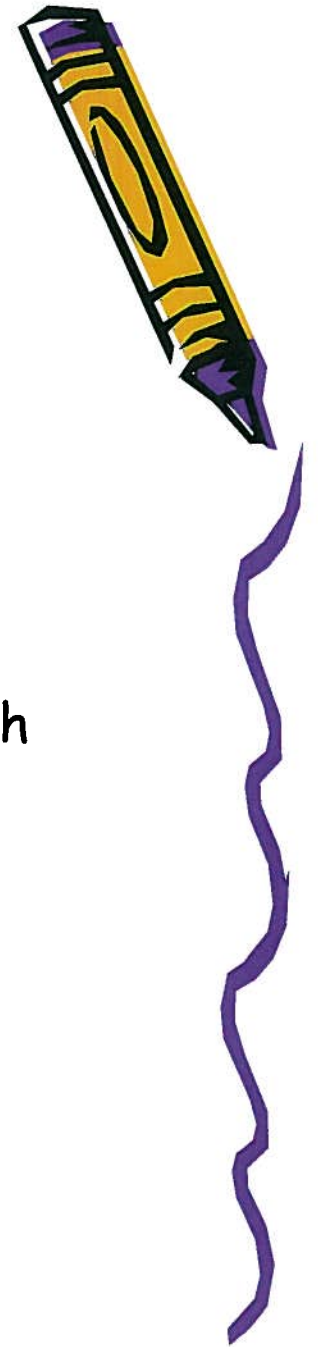
Creative Strategies

- 15 minute "CE"
- The cheat sheet
- Clinical pearls



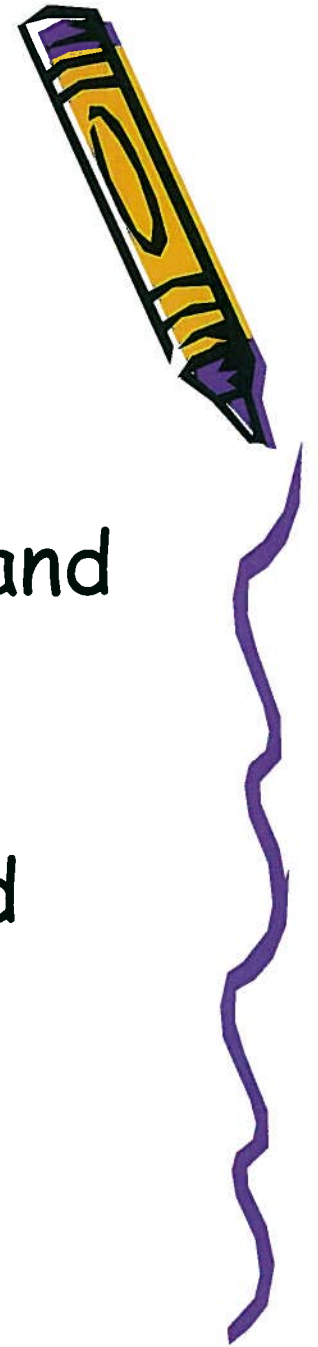
Creative Strategies

- Unfolding case study
 - Glendon & Ulrich
- "Six Hats" thinking approach
 - White hat - information available & what is needed
 - Black hat - difficulties and problems associated with topic
 - Yellow hat - benefits and values
 - Red hat - emotions, feelings, hunches
 - Green hat - imaginative, creative, "lateral thinking"
 - Blue hat - reflection on one's thinking



Creative Strategies

- Games - can have a blast
- "Funeral for the thyroid" - hyper and hypo speak at the eulogy
- Santa visit - Mom taking kids to Santa - asking for an adrenal gland
- "Pancreas on trial"



Creative Strategies

- Symbolic metaphor - PPUP Conferences
- Creativity - "Shared Imaginations" (Bassendowski and Petrucka)



"Triple D" and Cognition: What do They Have in Common?

- Both involve active participation
- Multiple methods of teaching/learning are crucial
- Adult learning - "News you can use"
- Enormous power of humor
- Brain likes organization and variety
 - Color, novelty, visuals



Summary

- Get ready for your next trip - Shine up the red Camaro
- Mandate fun and excitement
- Get ready to enjoy the educational menu

