

## **Pressure Ulcer Resources: *Toolkits, Protocols, and Teaching Aids***

**Pamela G. Unger, PT, CWS**

*Vice President of Clinical Research & Reimbursement*  
Celleration, Inc

*President*  
Unger Physical Therapy

## **Toolkits**

- **Wound assessment**
  - NPUAP: [www.npuap.org](http://www.npuap.org)
    - 6-Stage system for assessing depth of tissue destruction in pressure ulcers
  - Pressure ulcer assessment form
    - Location
    - Size
    - Periwound appearance
    - Ulcer edge
    - Tissue type
    - Exudate description and amount
    - Odor
    - Structure
    - Pain

## Toolkits

- **Assessment of Healing**
  - NPUAP: [www.npuap.org](http://www.npuap.org)
    - PUSH (Pressure Ulcer Scale for Healing)
      - quick, reliable tool to monitor changes in pressure ulcer status over time
  - Pressure Sore Status Tool (PSST)
    - Resource based instrument for assessing and documenting that incorporates multiple indices

## Protocols, Algorithms, Guidelines

- Guideline for the preventions & management of pressure ulcers, WOCN Society; Professional Society; 2003
  - NGC 003071
- Pressure ulcers in the long term care setting, American Medical Directors Association; Professional Society; 2008
  - NGC 006410
- Preventing pressure ulcers & skin tears in evidence-based geriatric nursing protocols for best practice; Hartford Institute for Geriatric Nursing, Academic Institution; 2008
  - NGC 006346

## Teaching Aids

- NPUAP: [www.npuap.org](http://www.npuap.org)
  - Power point educational series
  - PUSH tool
- AAWC: [www.aawcone.org](http://www.aawcone.org)
  - Educational wound and skin care brochures
  - Educational image series
- WOCN: [www.wocn.org](http://www.wocn.org)
  - Educational guidelines for the prevention and management of pressure ulcers

## Teaching Aids

- Corporate sponsored materials
  - Prevalence and incidence audits
  - Educational wound healing series