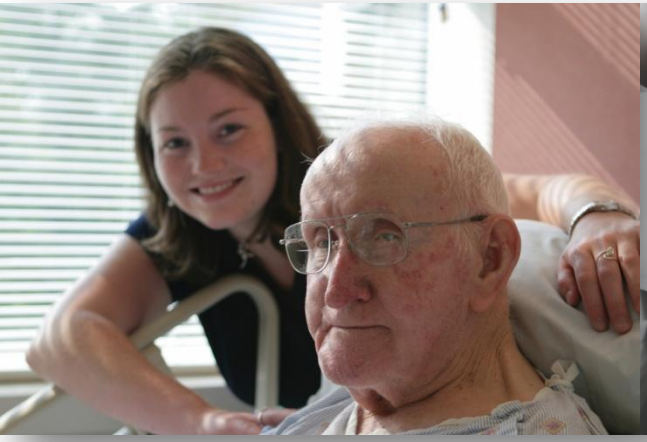
THE HEALTH CARE IMPROVEMENT FOUNDATION
Building Partnerships For Better Health Care

Pennsylvania Pressure Ulcer Partnership

Pam Braun, RN, MSN
Director of Patient Safety Programs
PPC Leadership Summit
March 16, 2010



Partnership for Patient Care

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A Story about the PPUP Journey…

PPUP planning began in the Spring, 2008

"A long road ahead"

- Pressure ulcer rates:

Hospitals	0.4% - 38%
LTC	2.2% - 23.9%
Home care	0 - 17%

- In PA, out of the 13,500 hospital pressure ulcers reported in PA-PSRS, 32% were considered hospital-acquired

- Estimated cost for treating pressure ulcers is $40,000 p/patient

- ↑ Length-of-stay

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PPUP goals:

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To reduce the incidence and severity of pressure ulcers in health care facilities across Pennsylvania

- Organizational commitment of leaders
- Multi-disciplinary team approach
- Pressure ulcer risk assessments and skin inspections done on admission
- Reliability in re-assessments
- Early identification of “at risk” patients
- Appropriate and timely implementation of prevention and treatment strategies
- Physician engagement
- Education and reinforcement
- Effective communication between shifts and upon transfer

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PPUP launched in October, 2008

Three regional conferences:

Attended by over 650 people

Partnership for Patient Care
A Collaborative of the Delaware Valley Healthcare Council • Independence Blue Cross • ECRI Institute

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The Pennsylvania Pressure Ulcer Partnership
Kick-off Conference
October 21, 2008
Pennsylvania Convention Center, Philadelphia

Program Objectives:

- Describe the challenges and goals of identification, prevention and treatment of pressure ulcers;
- Discuss documentation requirements and applicable legal issues related to the incidence of pressure ulcers;
- Identify collaborative opportunities for providers across the continuum to heighten awareness and improve communication related to the care of individuals at risk or with pressure ulcers.

Who Should Attend:
Hospitals, long-term care facilities, and home care agencies are encouraged to attend as teams. Suggested members include:

- WOCN's
- Wound Center Staff
- Physical Therapists
- Registered Dietitians
- Administrators
- RNs, LPNs, NAs
- Nurse Managers/Leaders
- Physician Champion
- Quality/Risk/Safety

Following the conference, participant teams are encouraged to participate in additional "partnership" activities which will be outlined in the day's agenda.

Hospitals, long-term facilities and home health agencies are challenged by the frequent, but potentially preventable, occurrence of pressure ulcers. Reducing the occurrence requires the efforts of professionals of different disciplines working together across settings. Join us for this regional education program to learn about the latest evidence in pressure ulcer prevention and treatment from national experts; hear about practical and effective prevention strategies; and plan next steps for your own organization. This local conference will kick off a statewide initiative aimed at reducing the incidence and severity of pressure ulcers throughout health care facilities in Pennsylvania.

REGISTRATION FEES
$145 for organizational teams of 3 people per team
$60 for an individual (or for additional team members)

AGENDA

7:30 AM **Registration / Visit with Exhibitors**

8:30 AM **Welcome and Opening Remarks**
- Kate Flynn, Health Care Improvement Foundation
- Victor Caraballo, MD, Independence Blue Cross
- Sharon Muscatell, RN, The Hospital & Healthsystem Association of Pennsylvania

8:45 AM **Overview of Conference**
Pamela A. Braun, RN, MSN

9:00 AM **State of the Commonwealth and the Importance of Prevention and Early Intervention**
Thomas E. Serena, MD, FACS

9:20 AM **Evidence-Informed Practice, New CMS Ruling, New Clinical Practice Guidelines**
Diane Krasner, PhD, RN

9:40 AM **Education Across the People and Provider Continuum (Clinicians, Patients, Families, Administrators, Policymakers)**
Janice M. Beitz, PhD, RN

10:00 AM **Break / Visit with Exhibitors**

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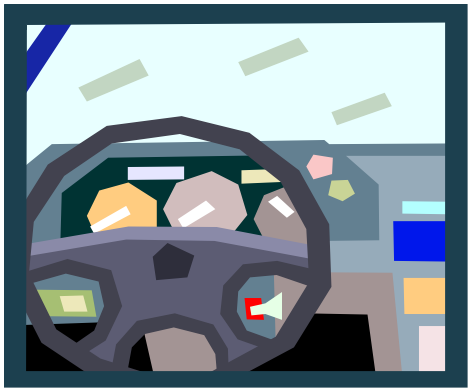
PPUP measurement began in December, 2008

Baseline Pressure Ulcer Survey:

Completed by

- 41 hospitals
- 11 LTC facilities
- 5 home care agencies



Monthly Data Collection and Reporting:

- Secure, web-based reporting tool
- 56 PA hospitals (representing 74 patient care units)

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PPUP collaborative activities: January 2009 - present

"Which way do we go?"

8 state-wide audioconferences:

- Avg # of lines per call = 90
- Avg # of listeners per call = 300-400

Expert speakers addressed challenges in the prevention and treatment of pressure ulcers, including:

- Communication across the continuum
- Educational strategies and resources
- Nutrition and wound healing
- Physician engagement in prevention
- Photography
- Triggers and Interventions
- Skin changes at life's end

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PPUP collaborative activities: January 2009 - present

"Let's go together"

3 regional networking calls in which organizations shared:

- Pressure ulcers goals
- Improvement strategies
- Challenges
- Efforts to improve communication on transfer

Next round of networking calls will be in April 2010

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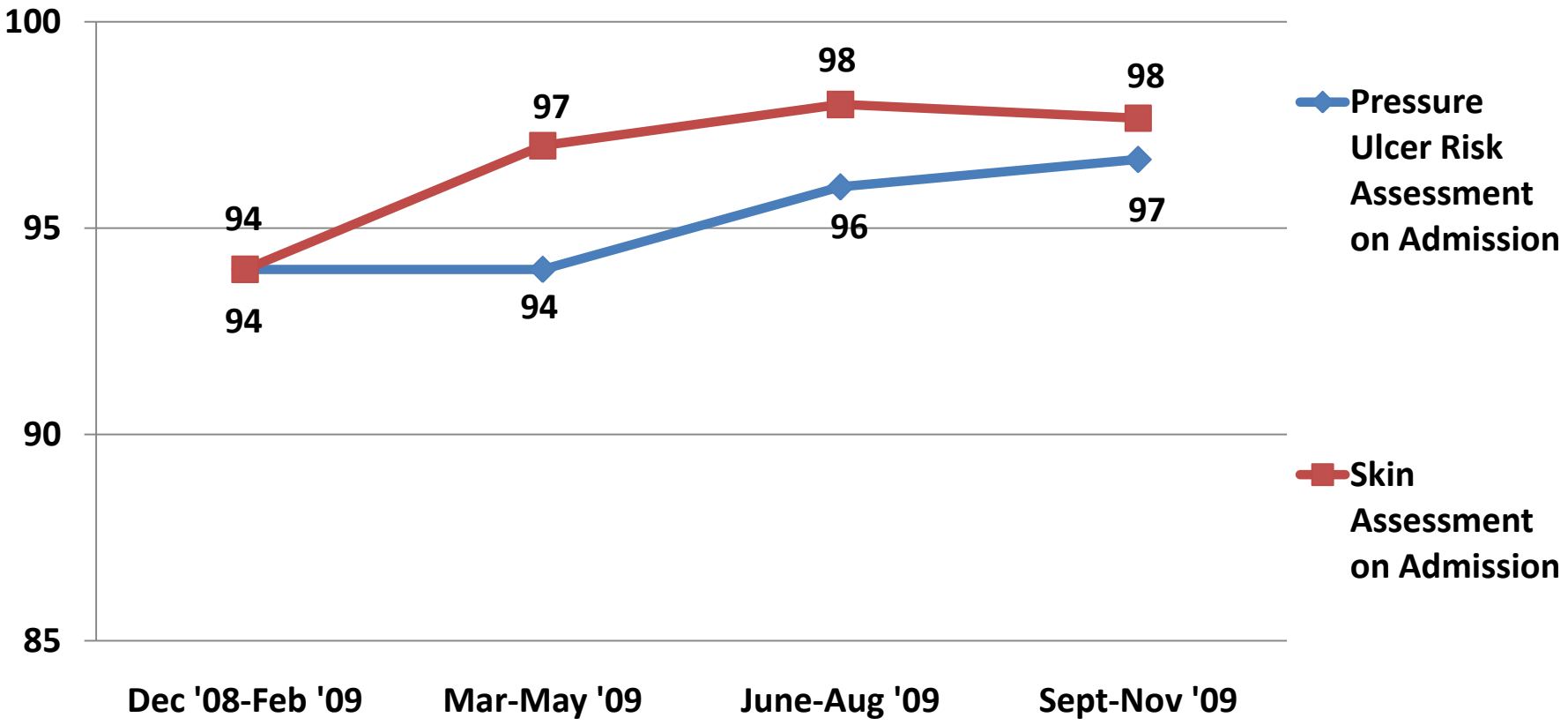
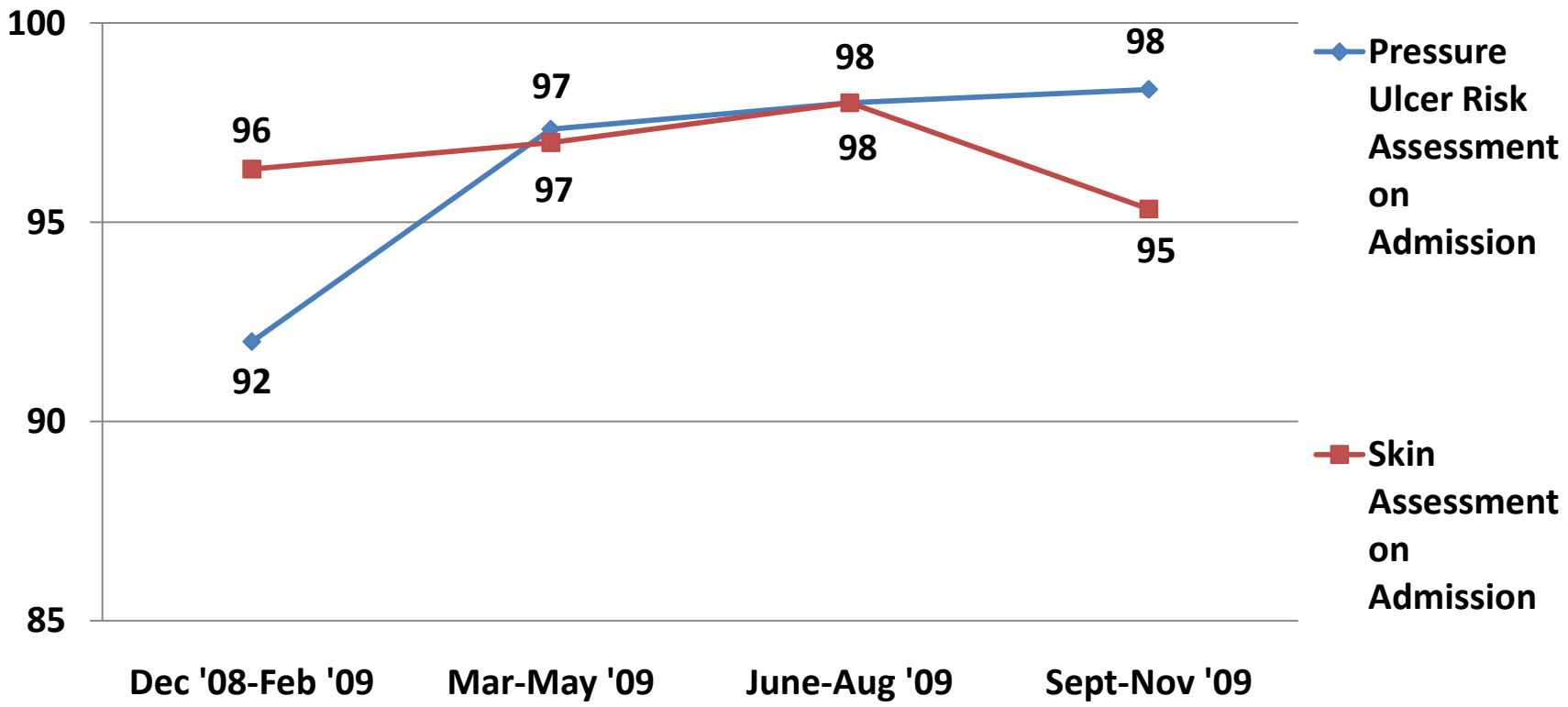
Critical Care: Pressure Ulcer Risk Assessment and Skin Inspection on Admission (SE Region, n=17)



Med Surg: Pressure Ulcer Risk Assessment and Skin Inspection on Admission (SE region, n=14)



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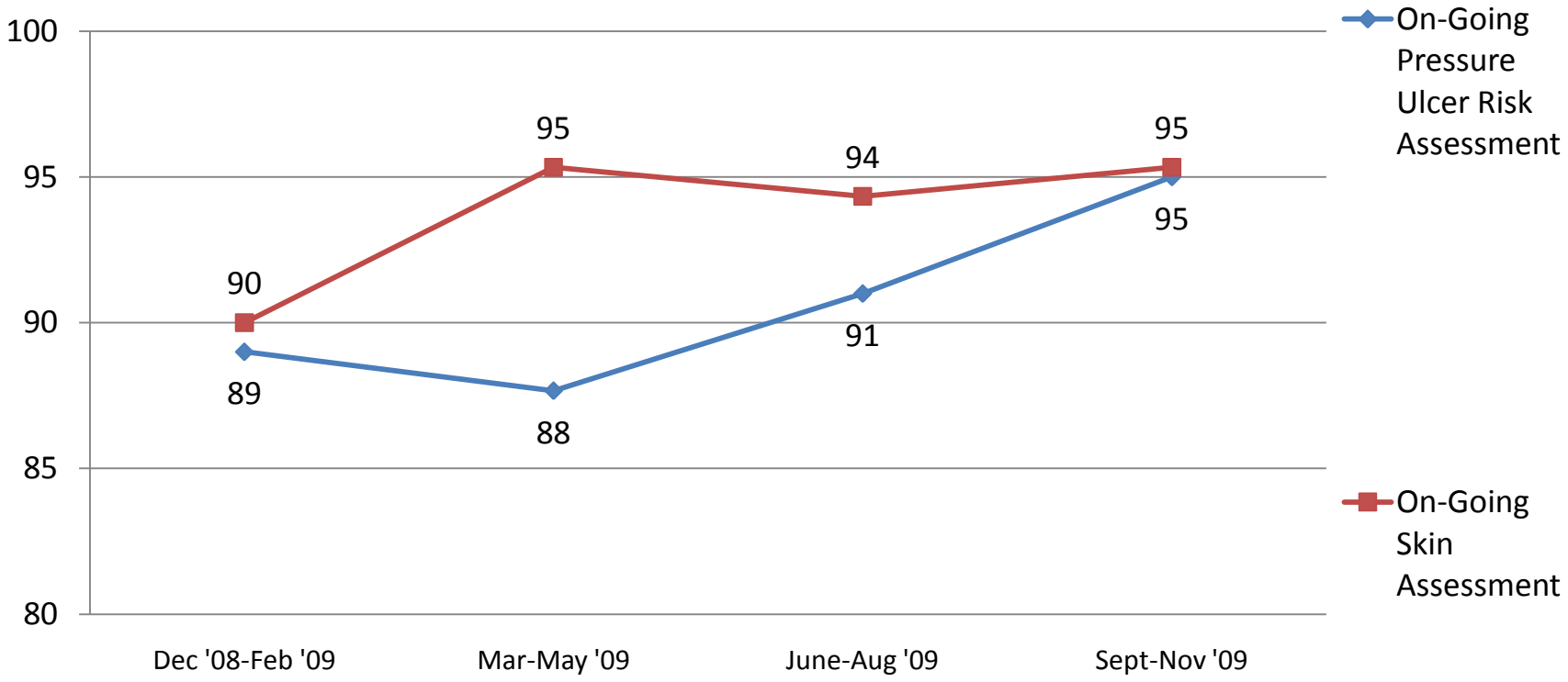
Critical Care: Percent of Patients that Received On-Going Assessments



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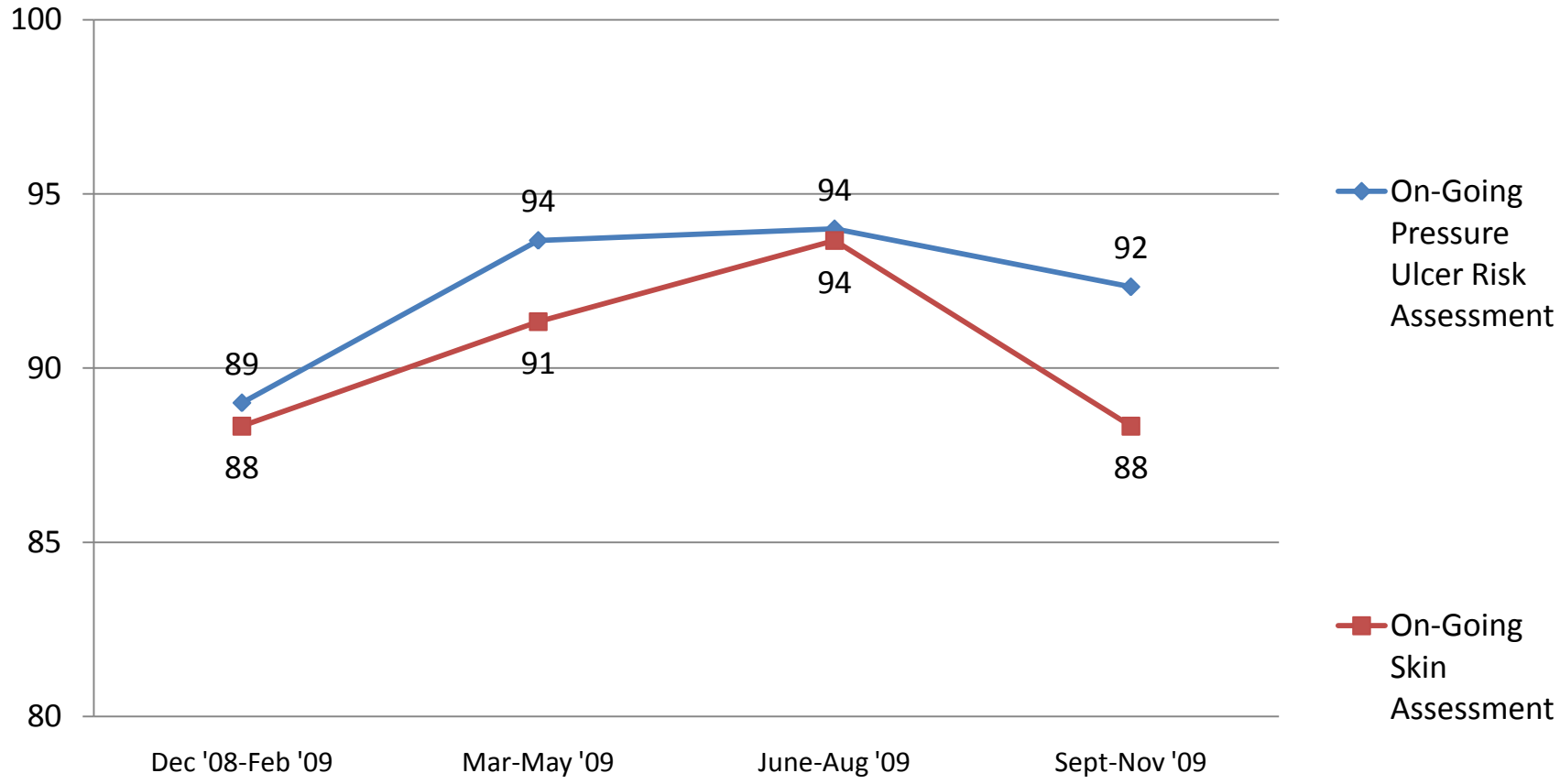
Med Surg: Percent of Patients that Received On-Going Assessments



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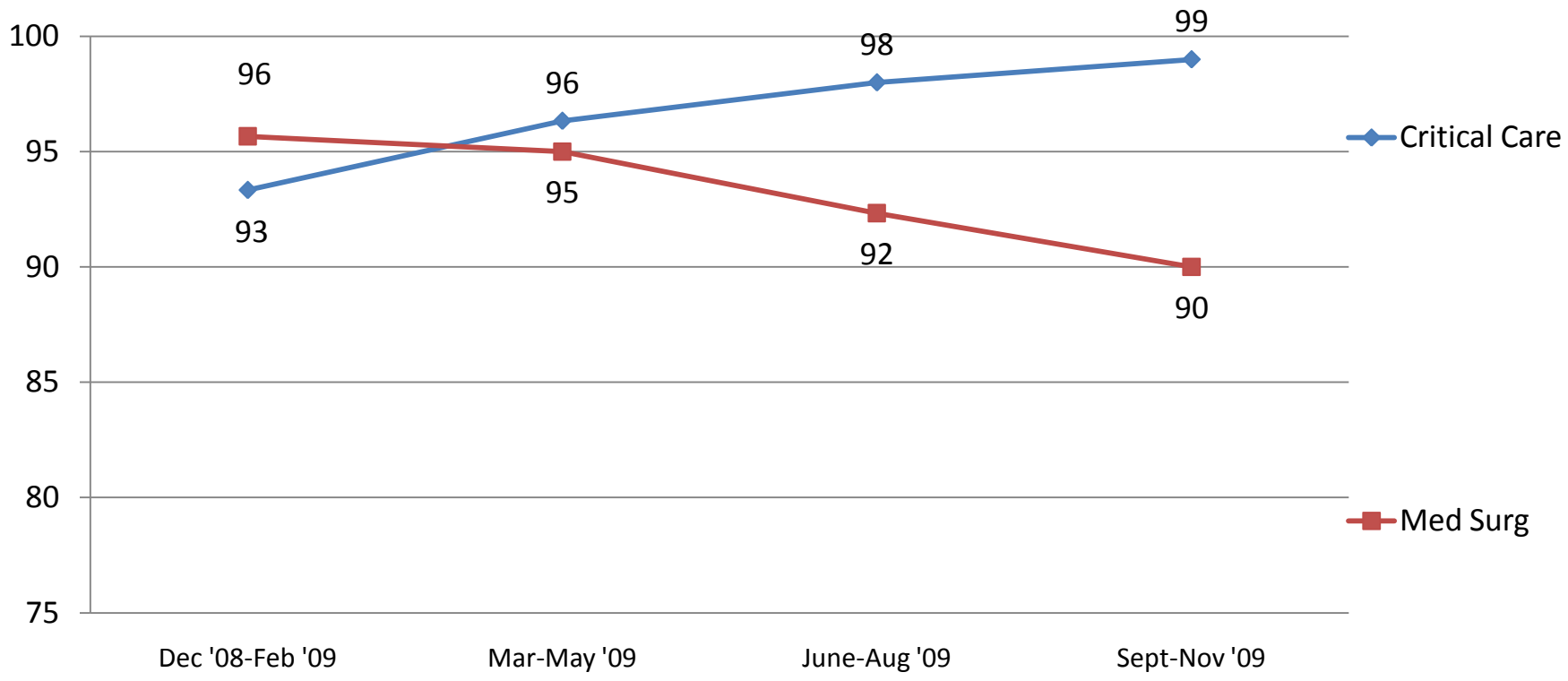
"At Risk" Patients that Received Preventative Strategies



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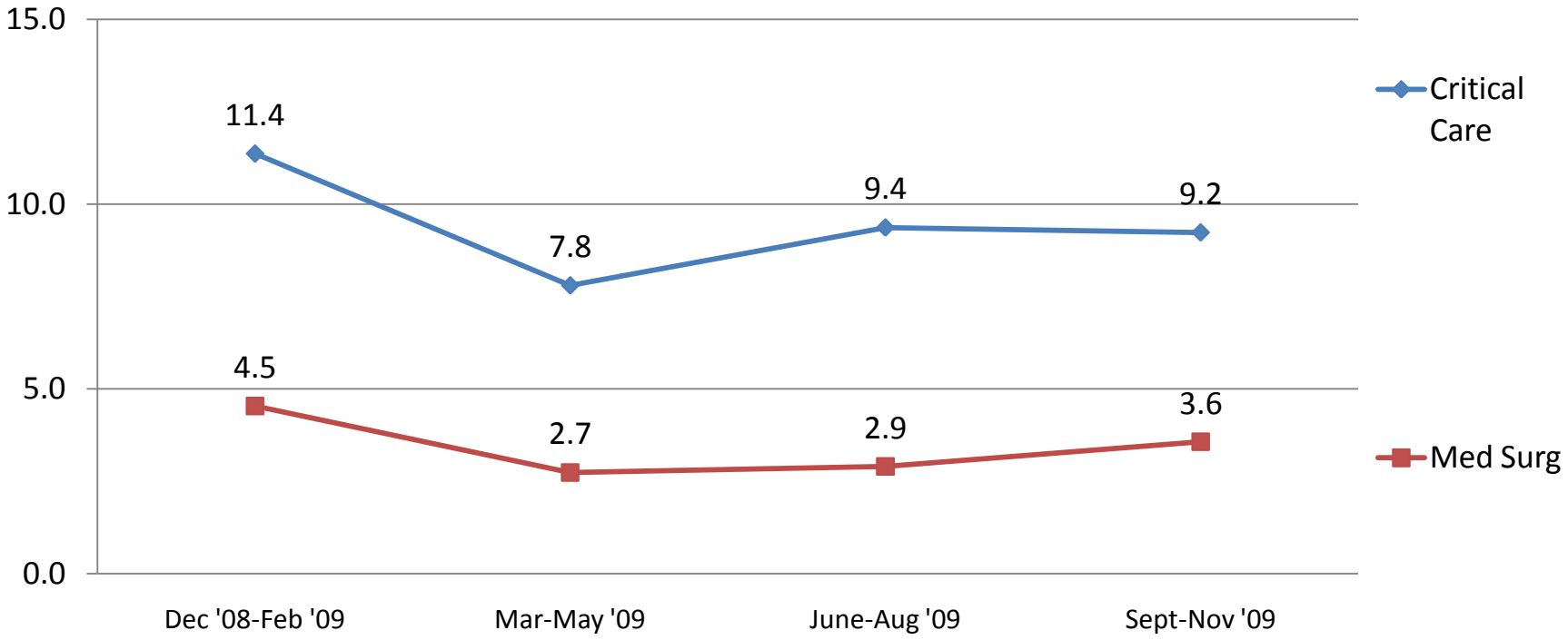
Percent of Patients that Developed a Pressure Ulcer During their Hospital Stay



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What's next?

Two regional conferences in the Spring of 2010

Share best practices!!!

"We made it!"

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THANK YOU!!!